



One Person At A Time: An Overview of Person-Centered Planning

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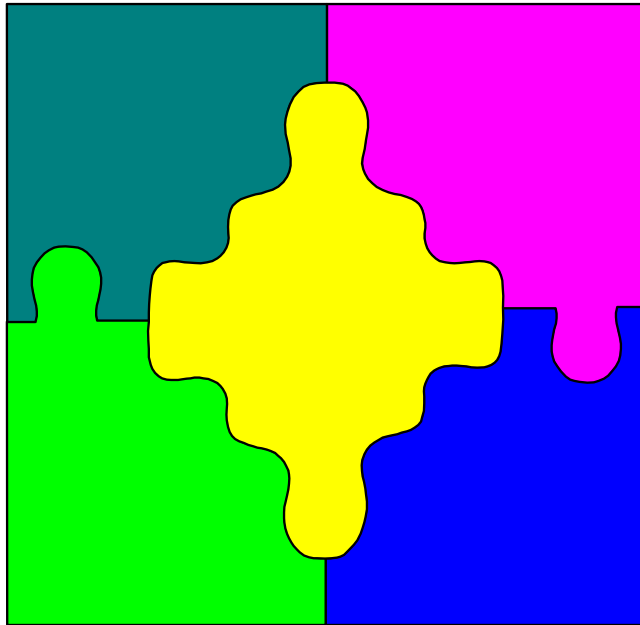
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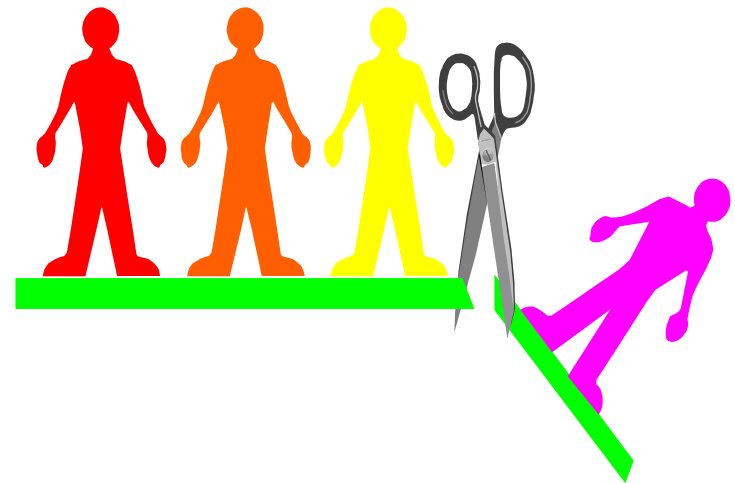
Systems-Centered



- **Support is predetermined**
- **Design based on system perspective**
- **Individualized plans still exist**

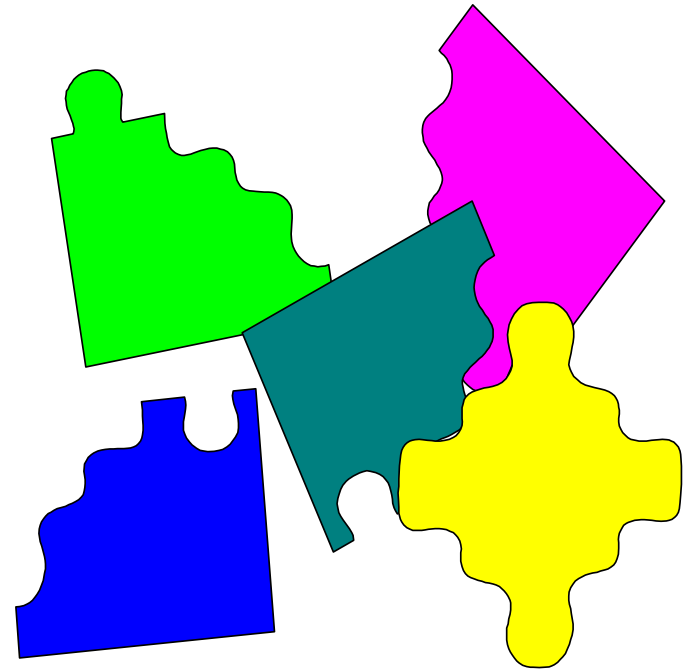
Deficiency Point of View

- Focuses on what people can't do
- Relies on tests and diagnoses to understand people
- Accentuates differences
- Isolates and stigmatizes people



Person-Centered

- **“Blank paper”
planning**
- **Design based
on what, how,
who, where**
- **Requires
resource
development**





Values of person-centered

- **Community Presence**
- **Choice/Control**
- **Competence**
- **Reputation and Respect**
- **Community Participation/Relationships**

Giftedness Point of View

- Focuses on how people can contribute
- Relies on getting to know people personally
- Looks for commonality
- Enhances reputation



A Family of Person-Centered Approaches

- ***Personal Futures Planning*** (PFP) ~ Beth Mount ~ oriented toward identifying person's capacities and developing a plan for a positive future
- ***Making Action Plans*** (MAPS) ~ Marsha Forest ~ oriented toward planning for *school inclusion*.
- ***Planning Alternative Tomorrows with Hope*** (PATH) ~ Pearpoint, O'Brien, & Forest) ~ oriented toward helping individuals and groups chart strategies for achieving *valued futures*.



Whose Life Is It Anyway? A Look at Person-Centered Planning & Transition

- ❖ **Produced by**
Virginia Commonwealth
University
- ❖ **Order for \$49.99 from**
Training Resource Network
www.trninc.com

A Family of Person-Centered Approaches, con't.

- ***Essential Lifestyle Planning*** (ELP) ~ Smull ~ oriented toward specifying what *community services* would provide for people so isolated and deprived that they could not articulate a dream for themselves and lacked anyone to join a support circle who knew them beyond their reputation for challenging behavior.

Personal Futures Planning is . . .

- “A creative process designed to help a group of people craft a life of meaning and contribution for the person who is the focus of the planning. It is an ongoing process of mutual education, discovery and adventure that should inspire people to act on behalf of the person with a disability.” (Mount)
- “The futures planning process is more like a living room-based jam session for anybody on the block who is interested led by whoever is crazy enough to take charge of a rowdy group!” (Mount)

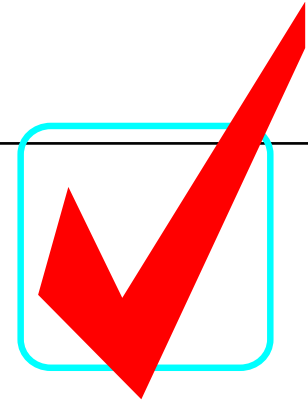


Video

- **My Life, My Dream produced by the Indiana Institute on Disability and Community, 2002**
- **Order for \$49.99 from Training Resource Network, www.trninc.com**

New Habits

WHO to invite?

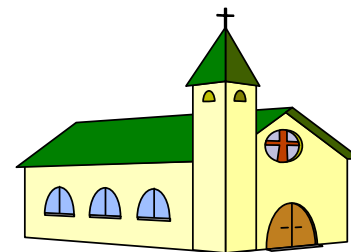


- **Family**
- **Friends**
- **Concerned Others**
- **People who Provide Direct Support**
- **Potential Allies**
- **Advocates**
- **People with Technical or Resource Expertise**
- **Service Providers**

New Habits

WHERE to meet?

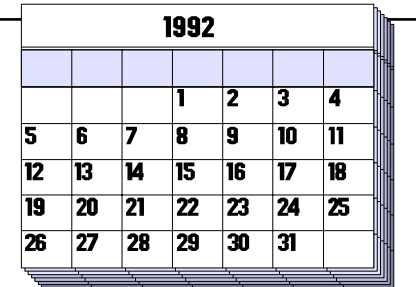
- **NOT in agency conference room**
- **On focus person's own territory**
- **Casual, comfy setting**
- **Convenient**
- **Home? Library? Community Center? Church?**



New Habits

WHEN to meet?

- When there is initiative for **CHANGE**
- At a time convenient to those invited
- As needed (more often in the beginning, less over time)
- Sometimes meet just to celebrate!
- Schedule date for next meeting at end of each meeting.



1992

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Changing Roles

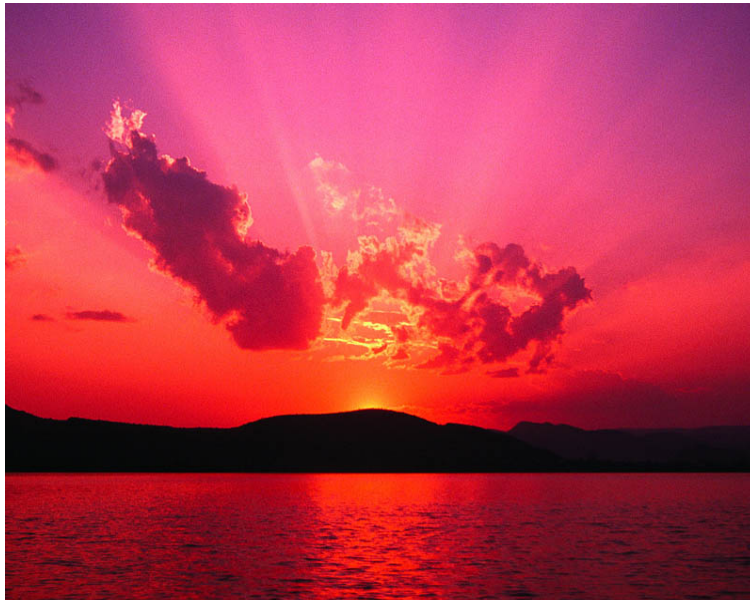
How does person-centered work change:

- My professional identity and job description?
- Skills needed to be effective in my work?
- My relationship and way of interacting with the people I serve?



Changing Roles

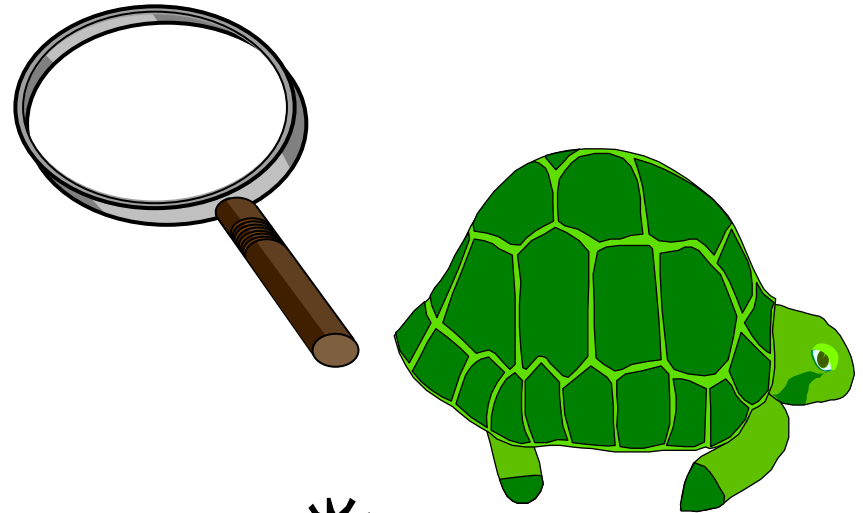
How does person-centered work change:



- My role as the focus person of the planning
- (person-centered not self-centered planning)
 - Personal responsibility
 - Accountability
 - Walk the walk

How do we start?

- **Small**
- **Slow**
- **With focus person at center of everything**
- **With support**



Video

A Credo for Support.

**Produced by Norman Kunc &
Emma Van der Klift. Axis
Consultation and Training,
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